

2018 KUEMPER CATHOLIC FOOTBALL CAMP



July 30 to August 2
Kuemper Fieldhouse

Gr. 3rd – 6th 5:00– 6:30 P.M.
Gr. 9th -12th 7:00 – 9:00 P.M.

August 13 to August 16
Kuemper Fieldhouse

Gr. 7th - 8th 7:00 - 8:30 P.M.

Camp is designed to give 3rd through 12th grade members of the Kuemper Catholic Football family a positive, FUN experience with a great game by teaching fundamentals, skills and teamwork.

Camp is open to young men of all skill levels, whether they've played before or not. It is NOT a contact or conditioning camp.

Camp will be instructed and run by the Kuemper Catholic football staff and players. They will work with each young man individually to improve his skill level, develop a love of the game and encourage the qualities that will help him be his best in all areas of life. Players will learn both offensive & defensive techniques each day and be given opportunities to develop skills in the kicking game as well.

Focus areas will include:

- | | |
|------------------------------------|---------------------------------------|
| *KHS Flexibility program | *Knight Agility and Speed Development |
| *Stance & starts for all positions | *Blocking and tackling fundamentals |
| *Ball security | *Passing and catching techniques |
| *Individual position fundamentals | *Kicking game |

2018 KUEMPER CATHOLIC FOOTBALL CAMP REGISTRATION FORM

Name(s) and Grade(s) (Fall 2018)

_____	_____
_____	_____
_____	_____

T-Shirt Size: Youth M ____ Youth L ____ Adult: S ____ M ____ L ____ XL ____

Condition of Enrollment: I hereby authorize the staff of the Kuemper Catholic Football Camp to act for me according to their best judgment in the event of any emergency requiring medical attention. I also waive and release the camp staff for any and all liability for any injuries and illness incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above camper's participation in the camp.

_____(Parent/Guardian Signature)

_____ Phone

_____ Email

CHECKS TO: Kuemper Catholic Football Camp

MAIL FORM & PAYMENT TO:

Chad Klein, Camp Director
Kuemper Catholic High School
109 S. Clark St.
Carroll, IA 51401

COST:
\$40 – 1 Camper
\$60 - 2 campers / same family
\$70 - 3 campers / same family

*Walk up registration in KHS Fieldhouse beginning 4:30 p.m., July 30.

Attire: T-shirt or sweatshirt, shorts/sweats,socks, athletic shoes